FRIENDS OF THAILAND Small Project Assistance PROPOSAL FORM

(PCVs: When Completed, Please Forward to your PCT Project Manager)

Date of Request: August 03, 2017

Total Funds Requested (maximum is 50,000 baht): 48,300 baht, 1,448 USD

Title of Project: Glow Kalasin Camp

Dates of Project: November 06-10, 2017

Project Manager (PCV Counterpart(s)): Daranee Mungto (CP)

Location of Project (School or Organization, Moo Baan, Tambon, Amphur, Province): T. Lamkhlong, A. Mueng, Kalasin 46000

Name and Group Number of PCV: Alvina Huang, Group 128

PLEASE PROVIDE INFORMATION ON THE FOLLOWING

BACKGROUND INFORMATION/PROJECT HISTORY:

In November 2016, 8 students of Plakaowittayakhan School attended the northeastern regional Glow Camp in Surin. After attending the camp, the 8 student leaders participated in the Glow Club activities on campus. In June 2017, 4 student leaders, along with the PCV and counterparts, attended the Glow Youth Leadership Summit in Samut Prakan. Returning from the summit with the promise of bringing Glow back to our own community, this November, with the help of their PCV and CPs, these 4 students will be the main leaders of Glow Kalasin Camp. We will invite 3 schools in our district, students from P4 to M3. We will also invite 5 Group 129 PCVs in the nearby area to be their mentors, so they can take Glow back to their own communities after this camp.

For this camp, my counterpart and I have decided to adapt the model of a BTF (Brighter Thailand Foundation <u>https://www.facebook.com/BrighterThailand/</u>) camp. For the first two days, we will invite only the matayom students, while the prathom students will attend during the last three days. And during the last three days, the matayom students will take over as the "camp counselors," facilitating the sessions and leading the prathom students under the supervision of the 4 student leaders and the PCVs. By facilitating sessions and running activities at the camp, the matayom students will get a sense of what it is like to run a GLOW club at their own schools. It is a process that helps them to develop leadership and confidence further.

We will also 5 PCVs in the Isaan region, along with their counterparts. Therefore, after 5 days of observing and participating, the PCVs and their counterparts will learn how to run Glow activities and how to take Glow back to their own communities.

PROJECT OBJECTIVES AND BENEFITS:

Glow Kalasin Camp will provide youth with the necessary tools to become active citizens in creating community change. They will receive the knowledge and skills to build their self-esteem and confidence, increase their self-awareness, and develop their skills in goal setting, assertiveness, and career and life planning. Through these topics, the camp will serve to empower both girls and boys to develop a more

positive perspective. In addition to increasing the youth's' capacity and knowledge across the aforementioned six areas, the camp will also increase counterpart leadership capacity. The counterparts will be able to provide guidance and assistance to the youth in their communities. Furthermore, counterparts and youth participants will have the capacity to replicate and apply the activities learned to be able to carry out Glow camps and clubs in their own communities.

COMMUNITY INVOLVEMENT:

My counterpart has already received funding from the Kalasin Provincial Ministry of Social Development and Human Security. Under the government rubric, our camp is considered a "small" project and we cannot exceed the maximum of 60,000 baht, which they will provide. The venue that my counterpart and I chose isn't the cheapest place available, but we had to consider factors, such as its location, whether or not to use the temple, our school's delicate relationship with the local tessaban, our pawaw's (school principals) relationships with the other pawaws, etc.

We will ask the 3 participating schools to sponsor money for snacks. A typical camp day includes 2 breaks with snacks, but the venue charges way too much for snacks. Therefore, we will ask each school to sponsor 1000-2000 baht for snacks for their own students.

SUSTAINABILITY:

The Glow Kalasin Camp will reach beyond the confines of the one-time camp experience. The last day of the camp will be dedicated to formulating a collaborative action plan with the youth and counterparts, allowing them to serve as role models for their peers and share the lessons taught in the camp with the members of their own communities. Through community support and contributions, youth will be able to implement their own projects post-Glow in their own communities, thus providing widespread impact throughout the entire region of northeastern Thailand.

BUDGET FOR FUNDS REQUESTED FROM FRIENDS OF THAILAND:

Breakfast: 50 baht per person Lunch & Dinner: 80 baht per meal per person 210 baht x 25 people x 2 days=10500 baht 210 baht x 60 people x 3 days= 37800 baht 10500+ 37800= 48,300 baht

PROJECT SCHEDULE (including start and finish dates): November 6-10, 2017

Day 1 Monday November 6th

13:00 Students depart from school
14:00 Welcoming and introduction
14:15 Name game in big group
14:45 Split into small groups, make name tags
15:00 Introduce staff
15:15 Make camp rules in small group, then present
15:45 Break
16:00 Energizer
16:15 5 Most important things and discussion
17:00 Unpack
17:30 Dinner
18:30 Energizer

Day 2 Tuesday November 7th

8:00 Breakfast 9:00 Energizer 00:15 Solf Posport 10:15 Break
10: 30 Energizer
10:45 Strengths and weaknesses
11:45 Lunch
13:00 Energizer
13:15 Respect others
14:15 Break
14:30 Energizer
14:45 Leadership
15:45 Human knot
16: 15 Life skill--- fold the paper
16:45 Group discussion (What did you learn from the activities? How do you feel so far? What will you prepare for tomorrow? What do you want to teach the prathom students?)
17: 30 Dinner
18:30 Energizer

Day 3 Wednesday November 8th

8:00 Breakfast 9:00 Welcome the prathom students 9:15 Energizer 9:30 Name game, then split into groups and make name tags 10:00 make team poster and create team cheer 10:30 Break 10:45 Present posters and cheers 11:00 Human Knot 11: 30 Discussion 11:45 Lunch 13:00 Energizer 13:15 Self-Respect 14:15 Break 14:30 Energizer 14:45 Strengths and weaknesses 15:45 English lesson (giving directions) 16:15 Obstacle course 17:00 Discussion (What did you learn? How is your first day so far? How do the matayom mentors feel?) 17:30 Dinner 18:30 Energizer

Day 4 Thursday November 9

8:00 Breakfast
9:00 Energizer
9:15 Respect others
10:15 Break
10:30 Energizer
10:45 Leadership Discussion
11:45 Lunch
13:00 Energizer
13:15 Career Planning
14:15 Break
14:30 Energizer

14:45 Goal-Reach 15:45 Dream Exercise 16:45 Capture the flag 17:30 Dinner 18:30 Energizer

Day 5 Friday November 10th

8:00 Breakfast
9:00 Energizer
09:30 Final discussion (sustainability)
10:00 Confidence cards
10:30 Take group photos
11:00 Touch someone
11:30 Go home!