

Katharine (Kat) Hendrix

Thai 85 (1985-88), TEFL/ Ag Crossover

Doi Tao Wittyakom School

Hang Dong Ratrach Wittyakom School

Jungwat Chiangmai



- On Friends of Thailand board since 2005
- PhD, Public Health, University of South Carolina
- MS, Broadcast Journalism, Boston University
- Freelance Medical Writer
- Certified Yoga Instructor (ERYT-500)
- Living in my Lowcountry hometown of Charleston, SC

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"Working with Friends of Thailand keeps me connected to Thailand and the Peace Corps mission in ways I never expected. It is so exciting to read proposals from current volunteers who have really thought through how to best help their Thai communities. Their energy and enthusiasm is truly inspiring. Every time I read a project proposal I am reminded that the work of helping others is never done and that keeps me truly humble and grounded in my own life. I enjoy everything about the great outdoors and escape to tend my tree farm and surf in Costa Rica whenever I can."